

# THE LOGOS



Connected: Scatter to Gather

“Lord Transform Me”

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## PRAYER AND FASTING INCREASE PRODUCTIVITY



**H**ave you ever been to a place in your spiritual life where you felt like you needed a fresh start? Have you ever felt like your life was

powerless, and despite going to church every week, you kept getting the same results? Sometimes, it is a good place to find *YOU*. I say that because, sometimes you become so tired and exhausted from going around in a circle, that you would do whatever was necessary to take your life in a different direction. Being in a place of spiritual drought is not a good place to be. Whenever you get there, it is time to take greater measures, to move your life into a more spiritually productive place.

The call for *prayer and fasting* among the people of God is a salient one, and must be taken with urgent consideration, both as a corporate body, and individually. The results of a life of *prayer and fasting* will yield more, than will come by any other exercise. I recall the story where Jesus' disciples tried to cast out a demon from a man, without success. When they asked why they could not, Jesus said, *'these things do not come out, except by fasting and prayer'*. In the story, Jesus wanted his disciples to know that an ordinary life will not cause extraordinary things to happen. It requires that you make an extra effort to do great things on behalf of God.

While everyone is aware what prayer is about, *fasting* requires further instructions. Conversely, *fasting* can add more power to your prayers, and give you the 'unction' to function in many areas of both your spiritual and everyday life. *Fasting* can be done in a myriad of ways. It is not how long you fast, but your devotion and consistency. You can have a full fast from food and drinks, a liquid-only fast, or a fruit and vegetable fast. You can also fast from television, entertainment, electronic devices like your computer and cellphone; or from social media like Facebook, Twitter, WhatsApp and chatrooms.

In addition to fasting from food and spiritually distracting things for a limited time, you can determine to live a 'FASTED' life. It simply means, that you can reduce on a permanent basis your food intake, like missing one meal or refrain from snacking. Or you can reduce the amount of time you spend on entertainment and

worldly conversations; and spend more meaningful time in prayer, reading your Bible or Quarterly (Study Guide), or sharing the gospel with someone.

Daniel and his friends went on a *fast*, when the king required that they eat from his table. They asked to be excused, and fasted ten days, simply having beans and water. It was interesting that when the steward examined them after the fast, they looked better, and they were more radiant and strong, than those who ate the king's meat. Sometimes, we must do as Daniel, and remove ourselves from some activities, to become more productive, despite what is required by our normal life.

In order, to move your life in a more productive place, you can choose one day per week when you can fast a half or the entire day. It can be a liquid or full fast. It is suggested that during the day, you can take 5-10 minutes every third hour to pray; or simply stay in an attitude of prayer, leaving all entertainment, worldly conversations & spiritually distracting things aside. On a larger scale, you can start a project to read the entire Bible. You can do it in a year, or just take the time to read it through, however long it takes. Recently, I discovered using the Audio Bible on my phone. This can help you with that reading project, and can also help when you are fasting, to keep your mind focused on spiritual things.

Finally, I wish to encourage you to become involved in the prayer ministries of your local church and attend the South Bahamas Conference monthly and quarterly prayer ministry activities. As you focus on improving your own prayer life, you will become more productive in the things that you do every day, as you associate and interact with your family and friends.

One 18<sup>th</sup> century theologian once quoted, *'You must live with people to know their problems, but you must live with God to solve them.'* God bless you as you spend more time in *fasting and prayer*.

### YOUTH VEGAN COOK OFF

The Health Ministries Department will be sponsoring the first Youth Cook Off on July 24, at 10:00 a.m. - 1:00 p.m. at The New Bahamas Academy Campus. All those between the ages of 10 - 17 who enjoy cooking and eating delicious vegan dishes are invited to participate. If you are interested, form a team of four and come to demonstrate your cooking skills. Trophies, prizes and surprises will be awarded. To register your team, or for more information kindly contact Nathelyn LaCroix at 341-4021 or 323-0610 or email: [lifestylecounsellor64@gmail.com](mailto:lifestylecounsellor64@gmail.com).

### WINNING YOUR HEALTH GOSPEL CAMPAIGN

A joint Health Campaign will be held on August 20 - Sept 10, 2016 at the Berea Seventh-day Adventist Church. The speakers will be Pastor Dudley Hosin and Dr. Alpheus Allick.

Schedule of joint rallies for upcoming campaign:

Date	Place	Time
June 29	Berea	7:15 p.m.
July 13	Hillview	7:15 p.m.
July 27	New Providence	7:15 p.m.
August 10	Berea	7:15 p.m.
August 17	Berea	7:15 p.m.

You do not want to miss these rallies and the campaign. It promises to be life changing as we empower you and your guests physically and spiritually. Let us prepare ourselves for this in/outreach campaign by praying and asking for the infilling of the Holy Spirit so that God can truly use us for the saving of souls. -Mrs. Nathelyn LaCroix, Health Ministries Director

### EVALUATE CAMP MEETING 2016

You are encouraged to go to the Conference website at [www.southbahamasconference.org](http://www.southbahamasconference.org) (Click on the graphics) to fill out the *Camp Meeting Evaluation* online. Help us know what you think about Camp Meetings 2016 and give your ideas for future camp meetings. -Pastor Barrington Brennen, Camp Meeting Coordinator

### CHILDREN AND ADOLESCENTS

#### -Date for VBS Training-

VBS training will be conducted for all new leaders including those who need to be refreshed. This training will be held at the South Bahamas Conference Office on Monday, July 4, 2016 at 5:30 - 6:30 p.m.

#### -Leadership Certification-

On Sunday, July 3, July 10, and July 17, our leadership Certification continues at the South Bahamas Conference. Set these dates aside. We need to stay on course with our training and certification. -Sister Joan Scavella, CHAM Director

### UPCOMING CAMPAIGN IN ACKLINS

The Acklins Gospel Campaign will be in Acklins on July 10 to July 19. Everyone is invited to be a part of this evangelistic effort! You can accompany the team or lend your support in cash or kind. For additional information and travel details, please contact Sister Patricia Cleare at the Redemption Seventh-day Adventist Church or email, [patcleare@gmail.com](mailto:patcleare@gmail.com). -Sister Patricia Cleare, Redemption Seventh-day Adventist Church

## THE SHANEETA JOHNSON SCHOLARSHIP

Dr. Shaneeta Johnson, an alumna of Bahamas Academy launched a scholarship in her name for a deserving student/prospective student of Bahamas Academy. The awardee will receive a full scholarship for three years at Bahamas Academy. The student should start Grade 10 in September 2016. For application form and details, please visit the conference and school's websites: [www.southbahamasconference.com](http://www.southbahamasconference.com) and [www.bahamasacademy.org](http://www.bahamasacademy.org) -Mrs. Joan Scavella, Office of Education

## MEN'S MINISTRIES

The Men's Ministries Department of the South Bahamas Conference will hold a retreat in South Andros in July. All men are invited to be a part of this spiritual event. Follow the logos for announcements leading up this event. -Pastor Nikita Thompson, Men's Ministries Coordinator

## ADVENTIST BOOK CENTRE

The Adventist Book Centre received the following new materials:

- How to Improve Sabbath School
- Keys to Special Needs Ministries
- Evangelism: How to Win and Keep Members and
- Church Manuals (2015).

Come in and take advantage of these materials that are sure to enhance your ministry and improve your department. Store is open: Sunday 9:00 a.m. - 1:00 p.m., Monday to Thursday 9:00 a.m. - 5:00 p.m. and on Friday 9:00 a.m. - 2:00 p.m. -Mrs. Cherry Blackmore, ABC Manager

## PRAYER MEETING

Our All Night Prayer Meeting will be held at the Good News Seventh-day Adventist Church on July 2, 2016 at 9:00 p.m. to Sunday, July 3, 2016 at 6:00 a.m. A breakfast will follow the prayer session. The Good News Church is located in Flamingo Gardens which is in the Carmichael Road area. -Sister McIntosh, Lay Coordinator

## ATCU WOMEN'S MINISTRIES RETREAT

All women are reminded to pay their registration fee for the ATCU retreat that will be held in the Cayman Islands on September 30 - October 2, 2016 to Mr. Dwight Brown at the conference office. -Mrs. Jacqueline Gibson

## ATCU PRAYER INITIATIVE

The prayer focus of our union, the Atlantic Caribbean Union (ATCU) for July 3 - 9, 2016 is: *Adelaide, Bethany and Gambier Churches in the South Bahamas Conference*. Join the entire union in prayer. -Pastor Peter Joseph, Prayer Coordinator

## OAKWOOD UNIVERSITY SCHOLARSHIPS

Oakwood University is pleased to offer scholarships to students of Bahamas Academy in the sum of \$300,000.00. With \$240,000.00 already awarded, the balance of \$60,000.000 will be given to qualified students who graduated from Bahamas Academy on June 13, 2016. Graduates should apply before August 2016. -Mrs. Joan Scavella, Office of Education

## DAY OF PRAYER AND FASTING

The Prayer Ministry of the Hillview Seventh-day Adventist Church invites you to join them for a day of prayer and fasting on Sabbath, July 23, 2016. Bring your prayer requests and come expecting a miracle. -Sister Donna Moss, Hill view Seventh-day Adventist Church Prayer Ministry

## DIABETIC TRAINING

Are you interested in becoming a Certified Diabetic Educator, or a Lay Diabetic Educator? If so, please contact Nathelyn LaCroix at 323-0610 or 341-4021 for further details. -Mrs. N. LaCroix, Health Ministries Director

## SBC MONTHLY WALK

Join us on Sunday, July 10 at 6:00 a.m. for overall rejuvenation. The route is Goodman's Bay to Sandypoint and back or part thereof. Let's keep moving! -Mrs. N. LaCroix

## MONTHLY MEETING BURIAL SOCIETY

The S.D.A. Burial Society will hold its regular monthly meeting at the Grant's Town Seventh-day Adventist Church Annex on Monday, July 4, 2016 at 6:30 p.m. We had six deaths in 2015 and four deaths in 2016. Members are encouraged to become financial and persons wishing to join the society are invited to attend. -Elder R. Henry Moncur

## NEWS FLASH

Cable Bahamas will be making channel adjustments. HopeTV, our Adventist television channel will be moved to Channel 658 on Thursday, July 7, 2016. For additional information, go to the conference website: [www.southbahamasconference.org](http://www.southbahamasconference.org). -Pastor Barrington Brennen, Assistant to the President and Associate Communication Director

## EDUCATION SECRETARIES

### -Adventist Education Promotion Day-

All Education Secretaries are asked to promote Adventist Education in their churches on Sabbath, July 9, 2016. Use your creative style to reach every member of our church.

## EDUCATION SECRETARIES

### -Submit Contact Information-

The Education Director is appealing to all education secretaries to call in their contact information to the South Bahamas Conference. Please give information to Ms. Shante LaCroix, (Conference Summer Assistant) by July 13, 2016. We need to establish a database. -Mrs. Joan Scavella, Office of Education

## YOUTH TIDBITS

June/July:



**YOUTH!**  
Revived and Ready

Evangelist Danny Major

**June 26th - July 9th, 2016**  
@ 7:15 p.m. nightly  
OFF NIGHTS MONDAY & THURSDAY

@ The Philadelphia  
Seventh-day Adventist Church  
Nevis Way, Elizabeth Estates (Corner next to the Clinic)

"An Encounter you will always remember,  
an Experience you will never forget."

## -SBC Mass Youth Choir Concert-

The SBC Mass Youth Choir will hold an *AY Gospel Concert* under the theme, "Sing His Praises" at the New Providence Seventh-day Adventist Church on July 2, 2016 at 4:30 p.m. A Love offering will be collected. Refreshments will be on sale at sunset. -Monique McKenzie, Choir Director

## -Public Campus Ministry Meeting-

All students of COB, SC, BTVI, Omega College, UWI, BBC and AUC are asked to attend a planning meeting at the La Senda Seventh-day Adventist Church (Old Bahamas Academy on Wulff Road) on Sabbath, July 16, 2016 at 5:00 p.m. to plan for the Public Campus Convention. -Pastor Jamal Franklyn, Coordinator

## -Basketball League-

Basketball League continues tonight, Saturday, July 2, at the HD Colburn Gym at 8:15p.m. Visit: [http://www.southbahamasconference.org/news.php?post\\_id=131&title=south-bahamas-conference-basketball-league-2016](http://www.southbahamasconference.org/news.php?post_id=131&title=south-bahamas-conference-basketball-league-2016) -Daran Clarke, Coordinator

## -Sports Day 2016-

The SBC Family Fun and Sports Day will be held at the Bahamas Youth Camp on Sunday, July 31, 2016 at 10:00 a.m. until 5:00 p.m. Admission will be at a nominal cost. Food and Drink will be on sale.

Sports Day will feature an international soccer tournament. We are kindly requesting all members and prospects from our churches who are interested in playing for the Bahamian, Haitian, Jamaican or Hispanic soccer teams to contact Obed Datus at 468-0450. -Elder Obed Datus, Coordinator

## -Youth Month-

Local churches are asked to consider the following:

1. To have at least one youth participating on the platform each Sabbath.
2. Choose youth to shadow department directors.
3. Select a youth pastor to shadow and be mentored by the church pastor.

August:

## -Pathfinder Camp-

Camp "Transform Me" will be held August 7-14, 2016 at Camp Bamivoca. Registration forms are available at the Conference Office and from pathfinder directors. Exciting field trips and more are planned. -Bro. Patrick Wilson, Jnr.; Coordinator

## -Y10-

The Y10 Gospel Experience under the theme "We Believe" begins August 17 - 27, 2016 at the Hillview Seventh-day Adventist Church. Prepare your youth, friends and visitors. -Pastor Larry Green, Youth Director

**SUN SETS NEXT SABBATH**  
**JULY 9, 2016 AT 8:03 P.M.**

Website:

<http://southbahamasconference.org>

Email: [logos@sbcadventist.com](mailto:logos@sbcadventist.com)

Have a blessed Sabbath!

